

SOUTH BANK TAEKWONDO

TERMINOLOGY

TENENTS:

Etiquette - Modesty - Perseverance - Self-Control - Indomitable Spirit.

POOMSAE:

Taegeuk:	Name:	Meaning:	No. of movements:
Il Jang (1 st pattern)	Keon	Heaven & Light	18
Yee Jang (2 nd pattern)	Tae	Joyfulness	18
Sam Jang (3 rd pattern)	Ri	Fire & Sunlight	20
Sa Jang (4 th pattern)	Jin	Thunder	20
Oh Jang (5 th pattern)	Seon	Wind	20
Yuk Jang (6 th pattern)	Gam	Water	23
Chil Jang (7 th pattern)	Gan	Mountain	25
Pal Jang (8th pattern)	Gon	Earth	24

TERMINOLOGY:

English	Korean	English	Korean
Grandmaster	Kwan Jang Nim	Energy shout	Kihap
Master Instructor	Sabom Nim	Form	Poomsae
Instructor	Kyo Sa Nim	Inner/outer	An/bakat
Attention	Charyeot	Thank you	Kamsahamnida
Bow	Kyeong neh	Left	Wen
Stance	Seogi	Right	Oren
Ready	Joombi	Low	Arae
Start	Sijak	Middle	Momtong
Stop	Geuman	High	Eolgool
End/return	Baro	Block	Makki
Rest	Shio	Punch	Jirigi
Turn around	Dwiro dora	Kick	Chagi
Break	Kalyeo	Front kick	Ap chagi
Continue	Kaysook	Back kick	Dwit chagi
Sparring	Gyorugi	Side kick	Yeop chagi
1-step sparring	Hanbon kyorugi	Half-turning kick	Bandal chagi
Taekwondo gym	Dojang	Full-turning kick	Dollryo chagi
Uniform	Dobok	Strike	Chigi

COUNTING:

English		Korean		Korean pronunciation of Chinese
One	-	Hana	-	Il
Two	-	Dool	-	Yee
Three	-	Set	-	Sam
Four	-	Net	-	Sa
Five	-	Dasot	-	Oh
Six	-	Yasot	-	Yuk
Seven	-	Eelgop	-	Chil
Eight	-	Yudol	-	Pal
Nine	-	Ahob	-	Koo
Ten	-	Yull	-	Ship